

Hello everybody!

Building news: Building window washing started this morning. Thanks to the friendly crew that was here! The roofing project at Amy's... well your guess is as good as ours at this point. Help yourself to the garden while we wait. Once the crew arrives to do work, we will need to stay out until the job is completed. The last thing they do will be to sweep the ground with a magnet to ensure all the screws and nails are cleaned up.

Both the Church AGM and the McClure Place Association and Foundation AGMs are the weekend of May 15. Please sign up with Nicole in the office for your zoom invitation to the Place AGM.

Personal news: Our kids participated in their first disc golf tournament this weekend. The wind was strong, but they enjoyed themselves. Desmond tied for third in the under 15 category! He was pretty pumped. Leonard helped me fix the washing machine while they were gone. He was a very helpful pooch!

Stay safe and have a great week!!

Lisa



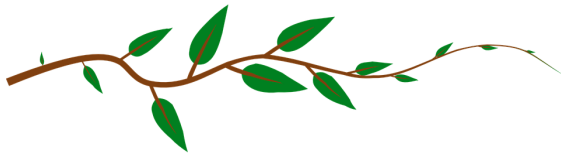
Spring is sprung the grass is riz I wonder where the flowers is? They will come!!

If you would like to contribute to the beauty of the flower beds around McClure Place consider making a donation to McClure Place Foundation & indicate it for Gardening.

Tax receipts will be issued for donations over \$20.00



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Reminder!

Globe Walk April Km's are now due!

Please hand in your total, time, steps, miles/km's to Olivia!

How you log is up to you, but please add up totals to save Olivia some time.

**Please include your age! This is our final tracking/reporting month and they will ask for age for statistics purposes*

- 1300 steps= 1km
- McClure "Track": 14 laps= 1km
- 30 mins of activity= 2km
- Log however you choose!

McClure Church invites all of the residents of McClure Place to join us in a fun dance challenge. We are all learning a dance called Jerusalem. A video tutorial is now available on Facebook and from Olivia. Olivia is excited to help you learn it if you'd like a hand.

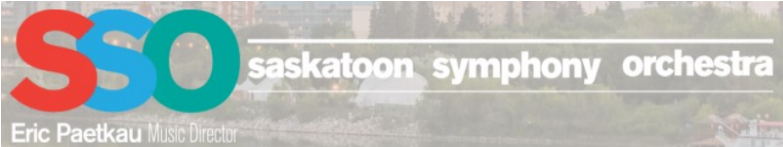
Please feel free to improvise in whatever way you need to. Do it from a chair, with a walker or a cane! The most important thing is that you smile and have fun. Once you have learned the dance or by May 16, whichever comes first. You can video tape yourself (or have Olivia help you) do the dance and send it to me (Laura). My email address is laura@mcclureunitedchurch.org. If you have any problems emailing it, please let me know. NOTE: You do not need to do the whole dance if you don't want. Just a portion of it is fine. I am going to put them all together with the church dances for a spectacular dance party to be shared in worship on Pentecost Sunday (May 23).

Rev. Laura Fohse

*"You've gotta dance like there's nobody watching,
Love like you'll never be hurt,
Sing like there's nobody listening,
And live like it's heaven on earth."*

— William W. Purkey





**Mother's Day– Live Concert Stream
Sunday May 9th, 3:00pm**

A special matinee concert event

To receive the log-in information/link to access, please e-mail Olivia. McClure has paid for a yearly service so our residents can watch free of charge. *Please do not share passwords with non-residents, as it is a means for the SSO to make money.*

This is a great way to enjoy music safely in your home!

E-mail: recreation@mcclureplace.ca

May Affirmations



May you be **happy**

May you be **well**

May you be **safe**

May you find **comfort**

May you have **strength**

May you have **courage**

May you find **healing**

May you have **peace**

May you have **joy**

May you be filled with

loving kindness



Grocery Run

FreshCo

Wednesday May 5th

Departing McClure 10:30am,

will pick up from the store at 11:30am

⇒ **Sign up by CALLING Olivia (leave a message)**

-Masks are a requirement

-If you have any symptoms out of the ordinary for you, or have been in contact with a probable case of Covid 19 please cancel.

-Limit your shopping to essentials only. The driver is and will not be responsible for helping you with your items.

Next Trip: Friday May 14 to Save on Foods

Wednesday May 19 to Co-op (seniors day)

Friday May 28 to FreshCo

McClure Place Association Inc. Annual General Meeting

(McClure Place Foundation Inc. Annual General Meeting to Follow)

Saturday, May 15th at 1:00 pm via Zoom

-Zoom invitations can be sent to everyone.

To sign up for Zoom invitations please contact Nicole Coquet at the McClure Place Front office by 12 pm May 14th at:

info@mcclureplace.ca or 306-955-7677

**Limited paper copies of AGM reports will be available, but digital AGM reports will be available at www.mcclureplace.ca.*



Spring Window Cleaning

Spring window cleaning will be offered **May 3rd & 5th**. The dates are Mon. May 3 all day , Wed. May 5 11:00-5pm. Sign up sheets are posted on Bulletin Board across from Nurse's office/salon. As in previous years they start at the top floor and work down . Please clear away items from in front of windows. Pay the cleaners at your door

- Cost: \$20/ 1 bedroom suite
\$25/ 2 bedroom suite

-Dave Cross (201)



Health Services– Nicole Conan

Hours of Operation

May 3rd– 6th	7:00 am – 3:30 pm
Amy's House	7:30am–8:30am

Foot Care

May 14, 2021	Two spots now open
June 4, 2021	Three spots open
June 5, 2021	Open
July 9, 2021	7 Spots open
August 6, 2021	Open

Sign-up sheets outside of Nursing Office

Garden News!

Griffith Garden is the now the name of the area behind Amy's. Louise Griffith was instrumental in starting that area many years ago. Her husband John was the first resident at Amy's. Louise's daughter Doreen is so pleased that this is the name we chose. Plaques are being ordered to post at both entrances.

Overnight Guest Forms

Please see the nurse for forms when you have guests spending the night in your suite. A form is required for each night you have a guest. It will assist SHA if we have an outbreak of Covid-19 at McClure.

Thank you to those faithfully submitting these documents.

May, more than any other month of the year, wants us to feel most alive. -Fennel Hudson

Grow a Row for ICM

Use your love of gardening to help those in need!!

The ICM Essential Voices staff have been talking about this initiative for quite a while now and this is the year to get it started!!

We would like to encourage gardeners who are planting fruits and vegetables this spring to consider dedicating some garden space for donations to ICM's Community Pantry/ Food Box distribution.

" Grow a Row" is a community-wide effort to supply fresh produce to the ICM Community Pantry/ Food Box distribution initiative. Pledge to dedicate a row of your garden or a container to growing food to donate. No amount is too small and all donations will go directly into the hands of the seniors, families, children, and singles that need it the most in our community. No red tape!

Drop off hours for donations are Wednesday 9-12 or Thursday 9-12.

Feel free to call or email Chantalle at icmsaskatoon@gmail.com or 306-653-2662 for more information